Coaching for Transformation
Coach Training Certification Program

June 29, 2013 – March 11, 2014
Mumbai, India

Course Date and Time
Class Sessions: Jun 29 - July 2, 2013; Sep 28 - Oct 1, 2013; Mar 8-11, 2014. Weekly teleclasses on Tuesdays from 7:30 - 9 pm IST

Course Overview
This 140-hour International Coach Federation accredited program leads to a Certification as a Professional Coach. Whether you’re an executive, manager, consultant, social organizer, counselor, or any other leader, your coaching skills will help people create a better future. You can use this program to become a professional coach or you can use your coaching skills to enhance your effectiveness in your work.

If you are committed to social change and human evolution, this training will deepen your effectiveness. After graduating you will continue to draw from a community of diverse coaches for mutual support.

The 9-month program includes:
- 140 hours of classes - 65% in person; 35% via teleclass
  - 12 days of in-person training
  - 34 90-minute teleclasses
- 10 hours of mentor coaching
- 16 hours of peer coaching
- Weekly online discussions
- Competencies demonstration and final exam
- 40-80 hours practice coaching with clients

What Makes Coaching for Transformation Unique
Coaching for Transformation is an exciting adventure in experiential learning where you will face the cutting edges of your own growth, as well as:
- Receive mentoring with rigorous feedback on your coaching skills
- Focus on transformation for the client and the coach
- Deepen awareness of multicultural coaching
- Expand emotional intelligence and needs awareness
- Learn how to build your coaching business

International Faculty

Martha Lasley is an executive coach who facilitates training and coaching programs to develop passionate leaders and learning organizations. She coaches leaders and social change activists to help them maximize their contribution. She is the author of Facilitating with Heart and Courageous Visions.

Vikram Bhatt is an organization development consultant who has a vision to take Coaching for Transformation to 1100 Indians within the next 5 years. Vikram works extensively with clients as an organization development coach and leads the dream of Essence.

www.LTWorks.com/mumbai
What Graduates are Saying
What I like about the course is first and foremost the joint commitment of Essence and Leadership that Works. Then comes the rigour to sharpen the edge of participants to become a coach. A world class programme with rich content and fully customized to the participants needs. Close your eyes and go for it. —Vinita Saxena

The dimensions which have contributed to my learning are the structure, rigor of the sessions, contents/frameworks, especially the Transformational Leadership embedded with NVC and the resources—material, technology and people. It is an intense experiential learning—working as individuals, pairs and groups. The instructors are excellent—knowledgeable, sharing and enabling learning in the most sincere and dedicated manner. —Ravi Srinivasan

One of the best things about the course is that to be a coach, you go through the practice coaching as well as the practice of being coached. You also self-coach as the skills become a part of you. This more than anything else convinced me of the quality of coaches CFT creates. You can actually see the process come alive and work so deeply in your own life! It allows me the contentment of knowing that as a coach I would really be contributing to the life of anybody I work with on their journey towards living a life they love. —Mira Shah

I love the balance of spontaneity and planning, structure and creativity. I have always felt very lovingly held and nurtured by the CFT community and its trainers and also challenged to go beyond my comfort zone. Another thing I really appreciate is that CFT not only teaches about the heart of coaching but also the business of coaching. This program is such a sweet balance between opposites. —Ruchika Shukla

Course Curriculum
- Coaching Skills
- Exploring Needs and Values
- Multicultural Coaching
- Expanding the View
- Experiencing the Moment
- Vision and Strategy
- Embracing the Shadow
- Calling out the Client’s Power
- The Business of Coaching
- Soul and Spirit
- Celebration and Completion

Program Investment
The full cost of the program is $7,495 (US $). However, we offer a special price of $4,700 in Mumbai to people who intend to take coaching to diverse communities.

Additional Discounts: Payment in full at registration saves an additional $200. Three or more persons registering from the same organization receive a 10% organizational discount, making full tuition $4,230.

Additional Fees: A course requirement is that you work with your own CFT coach for 6 hours (not included in the program cost). You will also make weekly 90 minute conference calls to the US and we’ll let you know about some low-cost plans, such as the monthly skype plan for $7 US per month).

For More Information
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